Health Management and Social Care – Teachers' Guide

Boo	Booklet 5 - Social Well-being – Interpersonal Relationships						
]	Key Questions	Learning Targets (Students are able to)	Teaching Points		Curriculum and Assessment Guide / Supplementary Notes	Examples of L&T Activities and Resources	Examples of Assessment Items
•	How do	Identify various	5.1	Healthy relationships	4D 1 - Healthy	Recall definition	
	relationships	types of	•	Social health (Booklet 2)	relationships	of social health	
	affect personal	relationship and	•	Importance of social network (Booklet 7)	1C2 Supplementary		
	health?	how they affect	•	Different types of interpersonal relationships	Notes: Different types of	Different	
•	How can we	personal growth		■ Types of relationships – family	interpersonal	relationships	
	develop and			relationships, friends and peer	relationships	across lifespan	
	maintain healthy			relationships, intimate relationship and			
	relationships?			workplace relationships		Case study:	
			Rela	ntionship building and development (5.2 –	4D 1 - Healthy	consolidate	Describe and explain the
			<u>5.4 a</u>	as examples)	relationships	"attachment",	possible impact of the
			•	Impacts on health (5.2 Family Relationships)		"parenting style"	increasing number of
				■ Positive and negative effects of		(booklet 1 & 2)	nuclear family on the
				relationships on personal development			socialisation role of a
				■ Socialization (Booklet 1)			family
			•	Factors affecting the building and			
				development (5.3 Friend and peer			
				relationships)			
				■ Development of interpersonal	1C2 Supplementary		
				relationships: initial, stable, intimate	Notes: Development of		
				and ending phases	interpersonal		
				■ Barriers to healthy relationships	relationships		

Key Questions	Learning Targets (Students are able to)	Teaching Points	Curriculum and Assessment Guide / Supplementary Notes	Examples of L&T Activities and Resources	Examples of Assessment Items
		■ Peer groups	1B 3 Peer groups		
		- Meeting social and emotional			
		needs			
		- Peer pressure and one's identity			
		- Influence on life style and on a			
		variety of health risk behaviours			
		• Changes of relationship across lifespan (5.2	1C2 - Changes of		
		Family Relationships)	human relationships		
		■ Changes of family relationships across	across lifespan		
		lifespan	1C2 Supplementary		
		- Parent-child relationships, sibling	Notes - Interpersonal		
		relationships, friendship,	relationships change in		
		courtship, working relationship	response to the		
		- Moving from parent-child	transition of different		
		relationships to sibling	life stages		
		relationships and relationships	1C3 Changes that occur		
		outside the nuclear family	in families throughout		
		Changes that occur in families throughout the	the life cycle		
		life cycle	1C3 Supplementary		
		■ Independence	Notes - Changes of		
		■ Marriage	family relationships at		
		■ Parenting	different stages		

Key Questions	Learning Targets (Students are able to)	Teaching Points	Curriculum and Assessment Guide / Supplementary Notes	Examples of L&T Activities and Resources	Examples of Assessment Items
		■ Interdependence			
		• Family Structures: e.g. nuclear family,			
		extended family, reconstituted			
		family/blended family, single-parent family			
		■ The linkages between the nuclear and			
		the extended family			
		■ Family changes (Booklet 7)			
	Suggest ways to	Conflict management (5.4 Workplace	4D2 - Understanding		What kind of conflict
	develop and	relationships)	conflicts and conflict		arises in the scenario
	maintain healthy	■ Types of conflicts:	resolution strategies, e.g.		
	relationships	■ Conflict management strategies:	effective communication		What are the TWO
		competing, avoiding, accommodating,			conflict management
		collaborating, compromising	5D1 - Conflict		strategies that were us
			management		to handle the conflict
			5D1 Supplementary		the scenario? Explain
			Notes - Different		your answer.
			strategies for conflict		
			management		Compromise is one o
					the strategies for conf
					management. Describ
					TWO key features of
					this strategy.

Key Questions	Learning Targets (Students are able to)	Teaching Points	Curriculum and Assessment Guide / Supplementary Notes	Examples of L&T Activities and Resources	Examples of Assessment Item
		Communication Skills (Booklet 14)	5D1 - Communication	(Games: 以誐	
		Types of communication	systems and network /	傳識)	
		■ Models of communication: linear,	Mutual respect		
		circular, helical			
		■ Barriers to communication	5D2 - Communication		
		- Barriers to communication,	skills		
		factors enhancing or hindering			
		the effectiveness of	5D2 – Supplementary		
		communication	Notes - Models of		
		■ Strategies for effective communication	Communication		
		- Strategies to overcome the			
		barriers and ways of enhancing			
		the effectiveness of			
		communication			
		Effective Management: Team Building and	5D1 - Team building		
		Team work	and team work in and		
		■ Leader's roles & team members' roles	across professional,		
		■ Communication when working in teams	voluntary and private		
			health and social care		
			5D2 - Communication		
			skills		